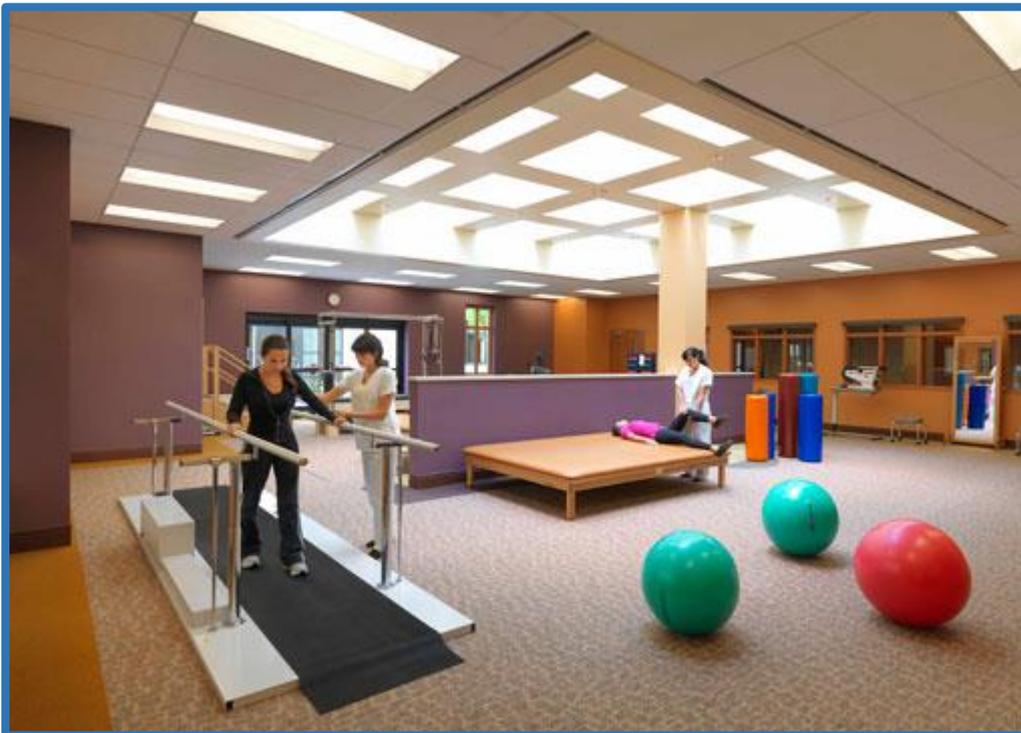


***“Rewa na KASCO new therapy & activity center”***

**for the specially-abled persons**



**Project Proposal 2026**



***Rewa na KASCO***

**Munshi Habibullah Mission School  
Kargil, Ladakh/India**

## Mission

To provide the best possible service and treatment for children and young adults with disabilities.

### About the Organization:

**Ladakh-Hilfe e. V. (translated: Ladakh-aid) & Rewa Society:** Ladakh-Hilfe e. V., a non-profit organization, was founded in 2003 by Karola Wood, Johanna Klein and friends in Germany. Following an call for help which was published by Johanna Klein Karola Wood and her husband came 2003 to Ladakh to treat a child with CP (Cerebral Palsy). At that time they recognized, that there are many other untreated children with similar conditions and that they and their families desperately need support in how to deal with the situation. July 2004 the organization started sending professional physiotherapists and occupational therapists from Germany, Switzerland and Austria to Ladakh to work as volunteers. Ladakh-Hilfe is a non-governmental organization funded by donations. In 2008, local supporters founded the NGO Rewa Society, Ladakh Disabled Children Group, in cooperation with Ladakh-Hilfe. This local non-profit organization carries on the work and gives professional care to the disabled with the help of local employees, who are trained for the job.



**Rewa na KASCO:** In order to cater their services to the whole region of Ladakh, in the year 2010 Ladakh-Hilfe signed a member of understanding (MoU) at Kargil with a local non-profit organization “KASCO” (Kargil Social and Cultural Organization) which carries out its work in Kargil district of Ladakh. As a collaborator “KASCO” provides local support, office and residential accommodation for volunteers and established a center at Munshi Habibullah Mission School Kargil for professional treatment and education of special children.

**Goals and Vision**

The Rewa na KASCO Society was formed with the key purpose to help people with disabilities in the Kargil area by providing facilities like physical rehabilitation (Physiotherapy, Occupational Therapy, and Psychosocial support), special education and capacity building for income generation to enable to lead independent lives with equal rights and dignity.

While such services are evolving and emerging in other mainstream areas of the country and world gradually, for remote areas like Kargil and its nearby villages, it will take much longer to spread awareness and implement such facilities. In this society, myth and tradition still have a significant influence and impact. Disabled people are marginalized in many remote areas of Kargil and the life expectancy of people with disabilities is very short. We are providing our service now more than ten years. During this time, we have met some people with disabilities, who have never stepped outside their house. Many of them spend all their lives in one place without proper care and treatment due to lack of knowledge, facilities and funds.



Inclusive education for such children with special needs is our core aim. We want to lead them into the mainstream life by giving them proper care and treatment, thus setting them on a path where they can study, play and grow together like and with other children - growing up to be contributing members of the society. To achieve this, we not only focus on working closely with the patients and their families but also with other society members to spread awareness and sensitize them towards the special needs of such children and the support and help they need. We are glad and proud that a number of children we have worked with in the past, have shown tremendous progress and blending into the regular classes and schools, as well as great achievements in extra-curricular subjects like athletics and sports.

There is a comprehensive and holistic approach we follow to achieve our aforementioned purpose which includes but is not limited to:

- Close co-operation with different governmental and non-governmental organizations.
- Working together with local professionals in order to learn from each other.
- Support all activities with the intent to improve early intervention in order to reduce the consequences of damages before, during or after birth.
- Initiating a self-help group for mothers who have children with disabilities.
- Support schools and teachers to integrate children with disabilities in public schools.
- Support and work closely together with schools for children with special needs, who do not have the chance to go to school, due to problems with integration/inclusion (e.g. children with severe mental and physical handicaps).
- Education and equal rights for all children with special needs.
- Including orthopedic engineers and rehabilitation workers in our program in order to help train locals - to build suitable equipment and aids for the disabled.
- Finding local Ladakhi people and organizations who are interested in our work, are passionate to work with children and young adults with special needs and would like to join us in our activities.
- Increase the awareness, acceptance and compassion of local people for the problems of the disabled, train them and release our activities into the hands of motivated Ladakhis.

## Methodology

In the fourteen years of work experience since inception in 2011, the Rewa na KASCO Society is glad to have served and worked with hundreds of specially-abled children to improve their quality of live and equip them with necessary skills to become more self-dependent and able to lead a regular life.

However, we believe that there is still a lot more to do, especially due to the challenges that are unique to the geography and infrastructure of Ladakh.

Spread over 14000 km<sup>2</sup> area, Kargil is home to dozens of small and remote villages which at times are situated at a distance of more than 100 km from the main city center. Not all of these villages are connected with proper paved roads thus making regular travel difficult and this problem is further aggravated by the extreme winter conditions between October to March, when many of these villages are completely cut-off due to heavy snowfall.



The Society currently tries to maximize its outreach to as many patients as possible through two approaches:

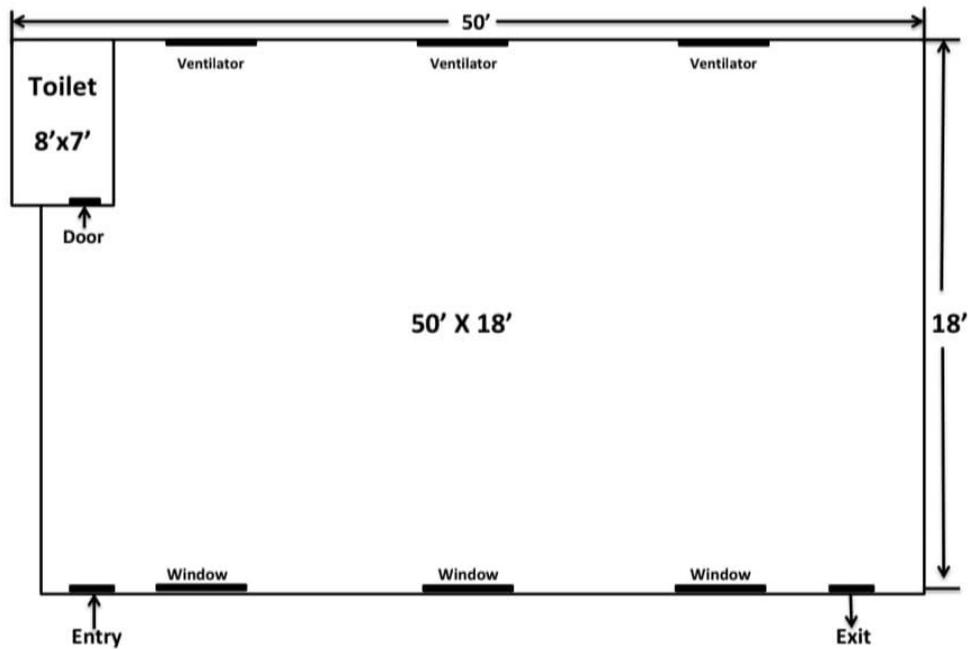
1. Rewa na KASCO Ability Center (located at Baroo, Kargil): Patients from in and around Kargil are brought in special vehicles to the facility on a regular basis (as per the needs of the case) for Physiotherapy and Occupational Therapy. This service is completely free and operated by the society.

2. Field-Visits: The staff makes weekly, fortnightly and monthly visits to different villages on a regular basis to provide Physiotherapy and Occupational Therapy to patients at their homes, as some of them cannot visit the Rewa Ability Center in Kargil main city, due to the long distance as well as other occupational and operational challenges. The team also works closely with the local community including parents to train them and help them take care of the patients on an everyday basis. The high costs and operational feasibility of the field visits, along-with the lack of proper follow-through by the family/caretaker's limit the success of the mission and the progress of the patients' development and effort.

Despite dedicated and consistent efforts, there is still a large number of patients who are left, needing proper and regular medical care. In the past, the parents used to hide their children with disability, but now due to the consistent effort and awareness among them, the parents themselves want to enroll their children in Rewa Society. Due to this high demand, we face the challenge that there are not enough space and resources.

**New Proposal**

The *Rewa na KASCO Society* intends to tackle this challenge by setting up a new fully equipped therapy and activity center within the school campus, which is custom-built for children with special needs including elevators, ramps, heating and modern equipment for effective therapy and treatment.



**Single story (Therapy Room)**

**Examples of planned equipement:**

s.no	Treatment space	Name of the equipment
1.	General resources	<ul style="list-style-type: none"> <li>• Art and craft tools, toys, books and other activities for various age group, including resources for children with low vision and stimulation and calming toys.</li> <li>• Different size chairs from toddlers to adult size.</li> <li>• Floor or play mats for floor-based activity.</li> <li>• Height adjustable tables.</li> <li>• Wheelie stools for therapists.</li> <li>• Modified cutlery.</li> <li>• Non slip mats.</li> </ul>
2.	Gross motor skills	<ul style="list-style-type: none"> <li>• Treadmill</li> <li>• Large foam blocks for high kneeling and standing.</li> </ul>

		<ul style="list-style-type: none"> <li>• Step up blocks or steps of various sizes.</li> <li>• Small weights, such as dumbbells and ankle weights.</li> <li>• Balance beam.</li> </ul>
3.	Toys and games	<ul style="list-style-type: none"> <li>• Blocks, cones ,nuts and bolts</li> <li>• Board games</li> <li>• Various sizes writing utensils and scissors</li> </ul>
4	Splints	<ul style="list-style-type: none"> <li>• Cockup splints,</li> <li>• Foot drop splint.</li> <li>• Fabrifoam wraps.</li> </ul>

The patients will get treatment from well equipped, and well-trained staff and the costs will be covered by the society through funds raised from the contributing donors.

The primary goal at this facility will be to identify and work with cases at a very early age who have a higher chance of recovery through proper care and treatment so that they can grow up to self-dependent and contributing members of the society.

The Rewa na KASCO Society asks for support from both individual and institutional donors to help us realize the vision for this facility.

**How you can support and help to realize our project:**

- **Capital Expenditure (one-time costs):** Funds required for interior setup including building construction, medical/therapy equipment's, heating arrangements, furniture etc.

The costs for land and construction, which were the major initial investments (Rs.12 Lacs), were covered by Munshi Habibullah Mission School.

- **Operating costs to keep the facility running (monthly recurring costs):** Funds required at a monthly level to support the running expenses including housekeeping salary of the staff members, electricity bill, water bills and other additional expenses.

## Financial Estimates

### Capital Expenditure (one-time costs)

Cost Head	Cost
Cost of land	₹ 7,00,000
Construction of civil structure	₹ 5,00,000
Wooden flooring and paneling of walls	₹ 80,000
Making of snooze room and washroom	₹ 1,00,000
Therapy Equipment/activity and sports equipment's	₹ 160,000
Fixing of Heating and cooling system	₹ 190,000
Miscellaneous (Contingency Fund)	₹ 50,000
<b>Total</b>	<b>₹ 17,80,000</b>

### Operating Expenses (Recurring)

Cost Line Item	Monthly	Annual
Staff Salary (Helper)	₹ 5,000	₹ 60,000
Electricity	₹ 2,000	₹ 24,000
Repair & Maintenance	₹ 1,000	₹ 12,000
Misc 5%	₹ 2,000	₹ 24,000
<b>Total</b>	<b>₹10,000</b>	<b>₹ 1,20,000</b>

## Approximate Expenses

<b>Non-Recurring costs</b>	<b>₹ 17,80,000</b>
<b>Recurring costs</b>	<b>₹ 1,20,000</b>

**Remaining cost by deducting the contribution from Munshi Habibullah School:**

<b>Approximately expenses required for project (one-time)</b>	<b>₹ 10,00,000</b>
<b>Total Recurring Cost (recurring)</b>	<b>₹ 1,20,000</b>

Non-recurring (one time)	approx. 10.000 €
Recurring (annually)	approx. 1.000 €

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